

Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375



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2007-08 NE-10 Swimming & Diving • Regular Season Release
February 25, 2008 • For Immediate Release

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Northeast-10 Swimming & Diving Report through February 24, 2008



Northeast-10 Men's Swimming Athlete of the Week

Tom Ferrigno, Bryant (Jr., West Chester, Pa.) - Was named the Swimmer of the Meet after winning a trio of individual events all in record time at the New England Championships. Won the 200-yard backstroke with a time of 1:55.50 and won the 400-yard individual medley in 4:08.52, while qualifying for an NCAA "B" cut. Took first in the 1650-yard freestyle in a national "B" cut time of 16:09.76. Also helped the Bulldogs get top-5 finishes in two relays and lead Bryant to a 5th-place overall finish.



Northeast-10 Women's Swimming Athlete of the Week

Alison Leshner, Le Moyne (Sr., Sherrill, N.Y.) - Captured first place in the 200 yard butterfly and set a meet record with a time of 2:03.72 in the finals. Also placed first in the 200 (1:55.22) and 500 (5:05.82) yard freestyle in helping the Dolphins to a 3rd place finish at the NYSWCAA Championships.



Northeast-10 Men's Diving Athlete of the Week

Brandon Birchak, Saint Rose (Sr., Latham, N.Y.) - Swept the one and three-meter diving events at the Metropolitan Conference Championships to help Saint Rose finish fifth overall. Captured the three-meter board by breaking the 15-year old meet record with 557.33 points and took the one-meter by accumulating 489.38 points, thus defeating the nearest competitor by 60 points. Was named Diver of the Meet for the second consecutive year.

Northeast-10 Women's Diving Athlete of the Week

No Nominations



Northeast-10 Men's Freshman of the Week

Egen Ouellette, Bentley (Fr., West Hartford, Conn.) - Attacked the record book during the NEISDA Championships, taking possession of the records in the 500 free (4:51.95), the 1000 free (10:07.42) and the 1650 free (16:56.59). Was part of Bentley's winning 800 free relay team and third-place 400 free relay team, and placed third in the 1000 and fourth in the 500 and 1650.



Northeast-10 Women's Freshman of the Week

Christine Lockwood, Saint Rose (Fr., Binghamton, N.Y.) - Established two individual school records and was part of three more school record setting relay squads at the Metropolitan Conference Championships. Was sixth in the 400-yard individual medley with a time of 4:46.13 and finished ninth in the 1,650 free in 19:45.08.



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Weekly Honor Roll:

Jon Andrews, Bentley (Fr., Southbury, Conn.) - During the NEISDA Championships, captured gold in the one-meter diving with a score of 404.45. Also finished second in the three-meter, with 362.65 points.

Sam Laden, Bentley (So., Cheshire, Conn.) - Finished first in both the 100 breaststroke and 200 breast at the NEISDA Championships, posting school records in the process (58.65 and 2:09.95, respectively). Also placed second in the 100 IM (55.72), helped Bentley win the 400 medley relay (3:31.07) and was a part of the Falcons' 200 free relay team that twice set school records twice while finishing second.

Bryan Stinchfield, Bentley (Sr., Darien, Conn.) - During the NEISDA Championships, broke school records in the 100 individual medley (twice, 54.60 and 54.20), the 200 IM (1:57.48) and the 200 freestyle (1:45.08). Also was part of three school-record setting relays (200 free twice, 800 free). Earned gold in the 100 IM, participated on two winning relays (400 medley, 800 free), finished second in the 200 IM and the 200 free, and medaled in two other relays (2nd in 200 free, 3rd in 400 free).

John Cieslewski, Bryant (So., Watertown, Conn.) - Took home three top-5 finishes from the New England Championships, including a first-place finish in the 50-yard breaststroke. Set a new Bryant record with that swim in a time of 27.20. Finished third in the 100-yard breaststroke (1:01.08) and took fourth in the 100-yard individual medley, also setting a new school record by touching the wall in 58.01 seconds

Steven Nguyen, Bryant (Fr., San Jose, Calif.) - Took home a pair of top-5 finishes at the New England Championships, helping Bryant to an overall fifth-place finish. Took third in the 500-yard freestyle (4:47.94), and then earned a fourth-place finish in the 200-yard freestyle in a Bryant record time of 1:46.74.

Ed Fennessey, Saint Michael's (Sr., Wilton, Conn.) - Placed sixth in the one-meter diving event at the NEISDA Swimming & Diving Championship.

Amy Lamparelli, Saint Rose (Fr., Burnt Hills, N.Y.) - Contributed school record times in the 100-yard butterfly and the 200-yard breaststroke at the Metropolitan Conference Championships. Took eighth in the 100 fly in 1:00.83 and was sixth in the 200 breaststroke with a 2:30.21 clocking. Was also part of school record paces in the 200 and 400 medley relay along with the 400 and 800 free relay.

Past Men's Swimming Athlete of the Week:

10/23: Ricky Chidsey, Le Moyne, Jr.
10/29: Tom Ferrigno, Bryant, Jr.
11/5: Tom Ferrigno, Bryant, Jr.
11/12: Tom Ferrigno, Bryant, Jr.
11/19: Ricky Chidsey, Le Moyne, Jr.
12/3: Dan Vitagliano, Southern Connecticut, Sr.
12/10: Ned Krawiecki, Bentley, Sr.
1/14: Tom Ferrigno, Bryant, Jr.
1/22: Arthur Engelhard, Bentley, Sr.
1/22: Dan Vitagliano, Southern Connecticut, Sr.
1/28: Ned Krawiecki, Bentley, Sr.
2/4: Ned Krawiecki, Bentley, Sr.
2/11: Ricky Chidsey, Le Moyne, Jr.

Past Women's Swimming Athlete of the Week

10/23: Alison Leshner, Le Moyne, Sr.
10/29: Jess Looney, Bryant, So.
11/5: Alison Leshner, Le Moyne, Sr.
11/12: Liza Connolly, Bentley, Sr.
11/19: Jess Looney, Bryant, So.
11/19: Kristen Frost, Southern Connecticut, So.
12/3: Kristen Frost, Southern Connecticut, So.
12/10: Liza Connolly, Bentley, Sr.
12/10: Kristen Frost, Southern Connecticut, So.
1/7: Liza Connolly, Bentley, Sr.
1/14: Liza Connolly, Bentley, Sr.
1/22: Kristen Frost, Southern Connecticut, So.
1/28: Jess Looney, Bryant, So.
2/4: Anne Kaduboski, Bentley, Fr.
2/11: Nicole Murphy, Le Moyne, So.
2/18: Jess Looney, Bryant, So.

Past Men's Diving Athlete of the Week

10/23: Jason Flores, Southern Connecticut, Sr.
10/29: Brandon Birchak, Saint Rose, Sr.
11/5: Jon Andrews, Bentley, Fr.
11/12: Ed Fennessey, Saint Michael's, Sr.
11/19: Jon Andrews, Bentley, Fr.
12/3: Brandon Birchak, Saint Rose, Sr.
12/10: Jon Andrews, Bentley, Fr.
1/14: Jon Andrews, Bentley, Fr.
1/22: Jason Flores, Southern Connecticut, Sr.
1/28: Jon Andrews, Bentley, Fr.
2/4: Kyle Reese, Bentley, Sr.

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Weekly Notes:

BENTLEY: Bentley captured six gold medals (four individual, two relays) en route to a fourth straight New England Intercollegiate Swimming and Diving Association Championship. The Falcons broke school records 14 times in 11 different events.

Past Women's Diving Athlete of the Week

10/29: Alex Bergantz, Bentley, So.
11/5: Emily Travers, Bentley, Fr.
11/12: Tierney Carey, Saint Michael's, Jr.
11/19: Emily Travers, Bentley, Fr.
12/3: Ali Bronson, Southern Connecticut, Sr.
12/10: Emily Travers, Bentley, Fr.
1/7: Emily Travers, Bentley, Fr.
1/14: Emily Travers, Bentley, Fr.
1/22: Emily Travers, Bentley, Fr.
1/28: Emily Travers, Bentley, Fr.
2/4: Ali Bronson, Southern Connecticut, Sr.
2/18: Alex Bergantz, Bentley, So.

Past Men's Freshman of the Week

10/23: Aidan Warhall, Saint Michael's
10/29: Steven Nyugen, Bryant
10/29: Ryosuke Kameyama, Pace
11/5: Ryosuke Kameyama, Pace
11/12: Steven Nyugen, Bryant
11/19: Steven Nyugen, Bryant
12/3: Jerry Dumary, Le Moyne
12/10: Jon Andrews, Bentley
1/14: Steven Nguyen, Bryant
1/22: Aaron Rocheleau, Southern Connecticut
1/28: Steven Nguyen, Bryant
2/4: Egen Ouellette, Bentley

Past Women's Freshman of the Week

10/29: Jill Squillante, Bryant
11/5: Jill Hira, Bryant
11/12: Amy Howell, Bryant
11/19: Jill Squillante, Bryant
12/3: Anne Kaduboski, Bentley
12/10: Christine Lockwood, Saint Rose
1/7: Emily Travers, Bentley
1/14: Anne Kaduboski, Bentley
1/22: Anne Kaduboski, Bentley
1/28: Anne Kaduboski, Bentley
2/4: Anne Kaduboski, Bentley
2/18: Anne Kaduboski, Bentley