



SWIMMING & DIVING WEEKLY REPORT

WWW.NORTHEAST10.ORG

November 3, 2009 Week 3

Gregory Pellegrino • Director of Media Relations • P: 508-230-9844 Ext. 105 • F: 508-230-9845 • gpellegrino@northeast10.org

NORTHEAST-10 MEN'S SWIMMING ATHLETE OF THE WEEK



Matthew Sorena, Southern Connecticut (So., Brookfield, Conn.) - Sorena led the Owls to their first win of the season at Saint Rose on Saturday afternoon. Behind his two individual victories, the Owls defeated the Golden Knights by the final score of 125-104. Sorena collected the first win of the afternoon in the 200-yard freestyle when He completed the event in 1:48.13. Later on, he won the 200-yard butterfly with a time of 2:04.34.

NORTHEAST-10 WOMEN'S SWIMMING ATHLETE OF THE WEEK



Katie O'Donnell, Le Moyne (So., Delmar, N.Y.) - Won three individual events and teamed on a relay victory to lead the Dolphins to a 174-126 win over Cortland State on Saturday. O'Donnell topped the field in the 200-yard butterfly (2:12.90), 200-yard backstroke (2:10.65) and set a new pool record in winning the 100-yard butterfly (58.97). She opened the meet by teaming on the first-place 200-yard medley relay squad that finished in 1:53.62.

NORTHEAST-10 MEN'S DIVING ATHLETE OF THE WEEK

No Nominations

NORTHEAST-10 WOMEN'S DIVING ATHLETE OF THE WEEK



Amanda Burden, Southern Connecticut (So., Orange, Conn.) - Burden collected victories in all three events she participated in this past weekend. On Saturday at Saint Rose, she posted a 159.30 in the one-meter diving event for nine points for the Owls. On Sunday against CCSU and Sacred Heart, she scored a 204.60 in the one-meter and a 224.00 in the three-meter diving events, taking home the gold in both.

NORTHEAST-10 MEN'S FRESHMAN OF THE WEEK

No Nominations

NORTHEAST-10 WOMEN'S FRESHMAN OF THE WEEK



Jennifer Ryan, Assumption (Fr., Weston, Fla.) - Ryan won three individual events, set two team records and scored 29.75 points leading the team to its third straight dual win against Eastern Connecticut State. Ryan won the 100-yard butterfly (1:03.57) in an individual best time and then set team marks winning the 100-yard breaststroke (1:13.77) and the 200-yard individual medley (2:21.27). She also swam the second leg of the record-setting 400-yard medley relay team.

HONOR ROLL WEEK 3

MEN: Jerry Dumary, Le Moyne (Jr., Ballston Spa, N.Y.) and Bryan Shaver, Saint Rose (So., Burnt Hills, N.Y.)

WOMEN: Amanda Guy, Assumption (Fr., Lakeville, Mass.) , Ericka Ruffrage, Le Moyne (Fr., Cicero, N.Y.) and Caitlin Peterson, Saint Rose (So., Sherrill, N.Y.)

NCAA DIVISION II CHAMPIONSHIP

March 10-13

C.T. Branin Natatorium
Canton, Ohio

Host: TBD



NE-10 CHAMPIONSHIP

February 5-7

Hosted By Southern Connecticut

More Details to Follow.



NE-10 SWIMMING & DIVING CONTACTS

Northeast-10

Greg Pellegrino

Phone: 508-230-9844 Ext. 105
Fax: 508-230-9845
gpellegrino@northeast10.org

Adelphi

Suzette McQueen

Phone: 516-877-4236
Fax: 516-877-4240
mcqueen@adelphi.edu

Assumption

Steve Morris

Phone: 508-767-7240
Fax: 508-798-2568
merc@assumption.edu

Bentley

Dick Lipe

Phone: 781-891-2334
Fax: 781-891-2648
rlipe@bentley.edu

Lemoyne

Kevin McNeill

Phone: 315-445-4412
Fax: 315-445-4678
mcneilkj@lemoyne.edu

Merrimack

Brad Davis

Phone: 978-837-5364
Fax: 978-837-5079
bdavis@merrimack.edu

Pace

John Tagliaferri

Phone: 914-773-3888
Fax: 914-773-3441
jtagliaferri@pace.edu

Saint Michael's

Seth Cole

Phone: 802-654-2537
Fax: 802-654-2497
scole2@smcvt.edu

Saint Rose

David Alexander

Phone: 518-458-5491
Fax: 518-458-5457
alexandd@strose.edu

Southern Connecticut

Michael Kobylanski

Phone: 203-392-6005
Fax: 203-392-6967
kobylanskim1@southernct.edu

2009-2010 NORTHEAST-10 SWIMMING & DIVING WEEKLY INFORMATION



ASSUMPTION: Freshmen continue to dominate for the Greyhounds in the early season accounting for 107.25 points in a 136-126 win over Eastern Connecticut. Freshman Jennifer Ryan (Weston, Fla.) won three individual events, set two team records and scored 29.75 points leading the team to its third straight dual win. Ryan won the 100-yard

butterfly (1:03.57) in an individual best time and then set team marks winning the 100-yard breaststroke (1:13.77) and the 200-yard individual medley (2:21.27). She also swam the second leg of the record-setting 400-yard medley relay team. Also performing well in support roles were freshman Amanda Guy (Lakeville, Mass.), who won two events, both in team records and scored 24.75 points and freshman Kaitlin Owen (Bridgewater, Mass.), who won two events and set two more team records and scored 22.75 points. Guy won the 50-yard backstroke (30.99) and the 100-yard backstroke (1:06.06) in record times, while Owen won the 1,000-yard freestyle (11:54.24) and 500-yard freestyle (5:47.68). Her fourth-place finish in the 100-yard backstroke (1:09.15) is a new team mark. Both swam on the 400-yard medley relay record-setter.



BENTLEY: Bentley will open its season at home Wednesday night against Gordon College. The 2009-10 team captains are Sam Laden (Cheshire, Conn.) and Greg McFadden (Wenonah, N.J.) for the men, and Erin Koslosky (Washington Depot, Conn.) and Kristen Reinckens (Hudson, N.Y.) for the women.



LE MOYNE: The Dolphins split a dual meet with Cortland State on Saturday afternoon. The women's team topped the Red Dragons 174-126, while the men fell 143-130. On the women's side, senior Nicole Murphy (Camillus, N.Y.) and sophomore Katie O'Donnell (Delmar, N.Y.) each won three individual events and teamed on a relay victory. Murphy picked up wins in the 100-yard breaststroke (1:09.12), 200-yard breaststroke (2:31.33) and the 200-yard IM (2:18.75). O'Donnell topped the field in the 200-yard butterfly (2:12.90), 200-yard backstroke (2:10.65) and set a new pool record in winning the 100-yard butterfly (58.97). On the men's side, Jerry Dumary (Ballston Spa, N.Y.) won the 100-yard breaststroke in 1:02.74 and the 200-yard IM in 2:04.89, while teaming on the first-place 200-yard medley relay squad. Le Moyne returns to the pool on Saturday, Nov. 7 against Northeast-10 Conference-foe Bentley at 1:00 p.m.



SAINT ROSE: The Saint Rose men's and women's swimming and diving teams combined for 11 first place finishes throughout a dual meet versus Southern Connecticut State University Saturday afternoon. Both meets were decided by a combined 27 points as the Owls won the men's meet 125-104, while the women picked up a 123-117 triumph. Sophomore Caitlin Peterson registered

three winning performances to lead the Golden Knights' women. Peterson took the 100 and 200-yard freestyle events in 56.08 and 2:01.11. She then swam the third leg on the winning 400 free relay squad that hit the wall in 3:48.44. As for the men, sophomore Bryan Shaver contributed three winning efforts. Shaver swam a 10:20.31 to come away victorious in the 1,000 free. He also took the 200 backstroke in 2:03.50 and anchored the 400 free relay squad that completed the race in 3:21.62.



SOUTHERN CONNECTICUT: The men's and women's swimming and diving teams kicked off the 2009-10 season with victories at Saint Rose on Saturday afternoon. The men's squad defeated the Golden Knights 125-104, while the women's team edged out a 123-117 win. Matthew Sorena, Austin Mizzell and Miguel Nesrala each tallied multi-

place first place finishes for the Owls on the men's side. Amanda Thomas, Amanda Burden, Emily Sundel and Cody Hall were all triumphant in the women's meet. On Sunday, the women's swimming and diving team welcomed Central Connecticut and Sacred Heart to the Hutchinson Natatorium. The Owls defeated Sacred Heart by the final score of 88-50, but came up short to CCSU, 77-63.

2009-2010 NE-10 TOP FIVE MEN'S PERFORMANCES

200 Freestyle

Name	School	Time	Date
Matt Sorena	So. Connecticut	1:48.13	10/31/09
Austin Mizzell	So. Connecticut	1:48.49	10/24/09
Miguel Mesrala	So. Connecticut	1:49.60	10/24/09
Scott Thieke	Le Moyne	1:51.25	10/24/09
Scott Thieke	Le Moyne	1:51.45	10/23/09

100 Backstroke

Name	School	Time	Date
Andrew Acquaviva	Le Moyne	54.62	10/24/09
James Walker	Le Moyne	56.99	10/24/09
Christian Van Zyl	Pace	58.18	10/21/09
Andrew Dearing	Le Moyne	58.97	10/17/09
Jack Fletcher	Le Moyne	59.54	10/17/09

100 Breaststroke

Name	School	Time	Date
Jerry Dumary	Le Moyne	1:02.74	10/31/09
Jerry Dumary	Le Moyne	1:02.90	10/24/09
Jacob Butkus	So. Connecticut	1:06.05	10/24/09
Joe Taylor	Le Moyne	1:06.13	10/24/09
Joe Taylor	Le Moyne	1:06.47	10/17/09

50 Freestyle

Name	School	Time	Date
Miguel Nesrala	So. Connecticut	22.03	10/31/09
Sean Hosford	Le Moyne	22.39	10/31/09
Kevin Dickson	Pace	22.49	10/21/09
Sean Hosford	Le Moyne	22.80	10/23/09
Mike Vogelsang	Saint Rose	22.85	10/31/09

100 Freestyle

Name	School	Time	Date
Miguel Nesrala	So. Connecticut	47.95	10/31/09
Sean Hosford	Le Moyne	49.56	10/17/09
Sean Hosford	Le Moyne	49.67	10/23/09
Thomas Hardy	So. Connecticut	50.21	10/31/09
Sean Hosford	Le Moyne	50.82	10/24/09

200 Backstroke

Name	School	Time	Date
Miguel Nesrala	So. Connecticut	2:01.32	10/24/09
Mike Diverniero	So. Connecticut	2:02.12	10/24/09
Bryan Shaver	Saint Rose	2:03.50	10/31/09
Andrew Acquaviva	Le Moyne	2:04.60	10/23/09
Andrew Acquaviva	Le Moyne	2:06.64	10/17/09

200 Breaststroke

Name	School	Time	Date
Austin Mizzell	So. Connecticut	2:06.52	10/31/09
Austin Mizzell	So. Connecticut	2:09.50	10/24/09
Jerry Dumary	Le Moyne	2:19.80	10/23/09
Vadim Yafayev	Saint Rose	2:22.56	10/31/09
Joseph Krok	Saint Rose	2:24.14	10/31/09

100 Butterfly

Name	School	Time	Date
Kevin Dickson	Pace	54.07	10/21/09
Jerry Dumary	Le Moyne	56.11	10/24/09
Tim Gallivan	Le Moyne	56.21	10/24/09
Thomas Kuhn	So. Connecticut	57.63	10/24/09
Tim Gallivan	Le Moyne	57.84	10/17/09

200 Butterfly

Name	School	Time	Date
Matt Sorena	So. Connecticut	2:02.41	10/24/09
Matt Sorena	So. Connecticut	2:04.34	10/31/09
Matt Micha	Saint Rose	2:05.03	10/31/09
Thomas Frick	So. Connecticut	2:07.19	10/24/09
Tim Gallivan	Le Moyne	2:12.31	10/23/09

200 IM

Name	School	Time	Date
Austin Mizzell	So. Connecticut	2:00.37	10/31/09
Vadim Yafayev	Saint Rose	2:04.03	10/31/09
Jerry Dumary	Le Moyne	2:04.89	10/31/09
Joseph Krok	Saint Rose	2:05.83	10/31/09
Jerry Dumary	Le Moyne	2:06.59	10/24/09

500 Freestyle

Name	School	Time	Date
Ryan Brauer	Saint Rose	4:51.34	10/31/09
Scott Thieke	Le Moyne	5:10.65	10/24/09
Mike Diverniero	So. Connecticut	5:10.68	10/31/09
Scott Thieke	Le Moyne	5:12.46	10/23/09
Tim Steiskal	So. Connecticut	5:16.12	10/31/09

200 Medley Relay

Name	School	Time	Date
Walker, Dumary, Hosford, Thieke	Le Moyne	1:40.44	10/31/09
Acquaviva, Gallivan, Taylor, Thieke	Le Moyne	1:44.15	10/17/09
Dearing, Walker, Hosford, Dedio	Le Moyne	1:45.02	10/17/09
Fletcher, Hogan, Ablan, Baker	Le Moyne	1:53.17	10/17/09
Massa, Hodgkiss, Healy, Vogelsang	Saint Rose	1:54.84	10/17/09

400 Medley Relay

Name	School	Time	Date
Acquaviva, Dumary, Gallivan, Hosford	Le Moyne	3:43.06	10/23/09
Yafayev, Krok, Micha, Kruger	Saint Rose	3:45.94	10/31/09
Shaver, Krok, Vogelsang, Kruger	Saint Rose	3:46.98	10/17/09
Nelson, King, Dickson, Zyl	Pace	3:54.55	10/21/09
Fletcher, Walker, Taylor, Dedio	Le Moyne	3:58.26	10/23/09

200 Freestyle Relay

Name	School	Time	Date
Acquaviva, Dearing, Dedio, Hosford	Le Moyne	1:30.96	10/24/09
Ablan, Hogan, Baker, Margrey	Le Moyne	1:35.00	10/24/09
Micha, Hodgkiss, Healy, Massa	Saint Rose	1:40.69	10/17/09

400 Freestyle Relay

Name	School	Time	Date
Vogelsang, Brauer, DiMilia, Shaver	Saint Rose	3:21.62	10/31/09
Krok, Brauer, Vogelsang, Kruger	Saint Rose	3:22.38	10/17/09
Thieke, Dearing, Acquaviva, Dedio	Le Moyne	3:27.57	10/23/09
Thieke, Hosford, Hogan, Ablan	Le Moyne	3:31.45	10/17/09
Acquaviva, Dearing, Dedio, Baker	Le Moyne	3:34.00	10/17/09

One-Meter Diving

Name	School	Score	Date
Alan Dickey	So. Connecticut	191.65	10/31/09
Ryan Cutler	So. Connecticut	162.35	10/31/09
Eric Fletcher	Pace	160.80	10/21/09
Jack Fletcher	Le Moyne	127.80	10/23/09
Jack Fletcher	Le Moyne	117.60	10/17/09

Three-Meter Diving

Name	School	Score	Date
Eric Fletcher	Pace	153.08	10/21/09
Jack Fletcher	Le Moyne	119.90	10/23/09

Last Updated 11/03/09

2009-2010 NE-10 TOP FIVE WOMEN'S PERFORMANCES

200 Freestyle

Name	School	Time	Date
Katie O'Donnell	Le Moyne	2:00.85	10/23/09
Caitlin Peterson	Saint Rose	2:01.11	10/31/09
Amanda Thomas	So. Connecticut	2:01.63	10/24/09
Sarah Salanger	Le Moyne	2:01.50	10/31/09
Sarah Salanger	Le Moyne	2:02.72	10/17/09

100 Backstroke

Name	School	Time	Date
Amanda Thomas	So. Connecticut	1:01.34	10/24/09
Sarah Casey	Le Moyne	1:02.92	10/31/09
Mary Chidsey	Le Moyne	1:04.18	10/24/09
Mary Chidsey	Le Moyne	1:04.67	10/17/09
Sarah Thomas	So. Connecticut	1:05.29	10/24/09

100 Breaststroke

Name	School	Time	Date
Nicole Murphy	Le Moyne	1:09.66	10/24/09
Nicole Murphy	Le Moyne	1:09.12	10/31/09
Nicole Murphy	Le Moyne	1:10.33	10/17/09
Jen Ryan	Assumption	1:13.77	10/31/09
Jen Ryan	Assumption	1:15.18	10/23/09

50 Freestyle

Name	School	Time	Date
Maggie Donovan	Le Moyne	25.99	10/17/09
Kayla Ehle	Le Moyne	26.05	10/17/09
Sarah Casey	Le Moyne	26.06	10/17/09
Sarah Casey	Le Moyne	26.28	10/24/09
Maggie Donovan	Le Moyne	26.29	10/23/09

100 Freestyle

Name	School	Time	Date
Kayla Ehle	Le Moyne	56.07	10/23/09
Caitlin Peterson	Saint Rose	56.08	10/31/09
Kayla Ehle	Le Moyne	56.55	10/24/09
Kayla Ehle	Le Moyne	56.87	10/17/09
Maggie Donovan	Le Moyne	57.42	10/17/09

200 Backstroke

Name	School	Time	Date
Katie O'Donnell	Le Moyne	2:10.65	10/31/09
Cody Hall	So. Connecticut	2:16.03	10/31/09
Sarah Casey	Le Moyne	2:16.69	10/23/09
Sarah Casey	Le Moyne	2:18.51	10/17/09
Stephanie Schuyler	Saint Rose	2:18.60	10/31/09

200 Breaststroke

Name	School	Time	Date
Amanda Thomas	So. Connecticut	2:30.56	10/31/09
Jennifer O'Neil	So. Connecticut	2:31.16	10/24/09
Nicole Murphy	Le Moyne	2:31.33	10/31/09
Nicole Murphy	Le Moyne	2:31.64	10/23/09
Amanda Thomas	So. Connecticut	2:33.12	10/24/09

100 Butterfly

Name	School	Time	Date
Katie O'Donnell	Le Moyne	58.97	10/31/09
Katie O'Donnell	Le Moyne	59.67	10/17/09
Katie O'Donnell	Le Moyne	59.37	10/24/09
Jen Ryan	Assumption	1:03.57	10/31/09
Jill Capadanno	Assumption	1:04.91	10/16/09

200 Butterfly

Name	School	Time	Date
Katie O'Donnell	Le Moyne	2:12.90	10/31/09
Katie O'Donnell	Le Moyne	2:13.65	10/23/09
Cody Hall	So. Connecticut	2:15.56	10/31/09
Amy Lamparelli	Saint Rose	2:20.16	10/31/09
Julia Jones	Le Moyne	2:21.14	10/23/09

200 IM

Name	School	Time	Date
Amanda Thomas	So. Connecticut	2:10.42	10/31/09
Caitlin Brauer	Saint Rose	2:11.09	10/31/09
Katie O'Donnell	Le Moyne	2:14.11	10/24/09
Katie O'Donnell	Le Moyne	2:16.18	10/17/09
Nicole Murphy	Le Moyne	2:17.94	10/24/09

500 Freestyle

Name	School	Time	Date
Caitlin Brauer	Saint Rose	5:16.95	10/31/09
Sarah Salanger	Le Moyne	5:26.93	10/31/09
Emily Sundel	So. Connecticut	5:28.93	10/31/09
Nicole Huerta	So. Connecticut	5:31.97	10/31/09
Sarah Salanger	Le Moyne	5:33.52	10/23/09

200 Medley Relay

Name	School	Time	Date
Casey, Murphy, O'Donnell, Ehle	Le Moyne	1:53.62	10/31/09
Casey, Murphy, O'Donnell, Ehle	Le Moyne	1:53.88	10/24/09
Casey, Murphy, Chidsey, Salanger	Le Moyne	1:56.60	10/17/09
Schuyler, Stanmyer, Palmer, Peterson	Saint Rose	1:57.38	10/17/09
O'Donnell, Daly, Jones, Ehle	Le Moyne	1:58.03	10/17/09

400 Medley Relay

Name	School	Time	Date
Casey, Murphy, O'Donnell, Ehle	Le Moyne	4:07.74	10/23/09
Schuyler, Woodcock, Lamparelli, Robinson	Saint Rose	4:14.74	10/31/09
Schuyler, Woodcock, Lamparelli, Peterson	Saint Rose	4:15.38	10/17/09
Guy, Ryan, Capadanno, Owen	Assumption	4:24.14	10/31/09
Owen, Ryan, Capadanno, Guy	Assumption	4:24.25	10/23/09

200 Freestyle Relay

Name	School	Time	Date
Donovan, Salanger, Chidsey, Casey	Le Moyne	1:44.16	10/24/09
Woodcock, Lockwood, Palmer, Robinson	Saint Rose	1:47.96	10/17/09
Daly, Shannon, Miller, McDonough	Le Moyne	1:51.94	10/24/09
Laliberte, Correa, Murtagh, Lamontagne	Assumption	1:54.82	10/23/09
Laliberte, Murtagh, Correa, Lamontagne	Assumption	1:55.10	10/31/09

400 Freestyle Relay

Name	School	Time	Date
Ehle, Donovan, Chidsey, Salanger	Le Moyne	3:47.35	10/31/09
Ludeke, Palmer, Peterson, Brauer	Saint Rose	3:48.44	10/31/09
Robinson, Lockwood, Brauer, Peterson	Saint Rose	3:50.46	10/17/09
Salanger, Donovan, Chidsey, McDonough	Le Moyne	3:52.74	10/23/09
Huerta, Wainwright, Renzoni, Slie	So. Connecticut	3:57.10	10/31/09

One-Meter Diving

Name	School	Score	Date
Amanda Burden	So. Connecticut	221.60	10/31/09
Ericka Ruffrage	Le Moyne	195.00	10/31/09
Mary Walton	Le Moyne	188.30	10/17/09
Mary Walton	Le Moyne	186.60	10/24/09
Mary Walton	Le Moyne	181.75	10/31/09

Three-Meter Diving

Name	School	Score	Date
Mary Walton	Le Moyne	182.45	10/23/09
Ericka Ruffrage	Le Moyne	170.80	10/23/09

Last Updated 11/03/09