

Northeast-10 Conference  
16 Belmont Street  
South Easton, MA 02375



CROSS COUNTRY

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2008 NE-10 Cross Country • Regular Season  
September 29, 2008 • For Immediate Release

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## Northeast-10 Cross Country Report For Contests Through September 28, 2008



### Northeast-10 Men's Athlete of the Week

**Chris Croff, Southern Connecticut** (Jr., Lisbon, Conn.) - Placed second overall among 150 runners at the Leeber Invitational with a time of 25:20. Helped the team to a first place finish.



### Northeast-10 Women's Athlete of the Week

**Melissa Nash, Bentley** (Sr., Marshfield, Mass.) - Was third amongst collegians and eighth overall at the Codfish Bowl, posting a time of 18:48 for 5,000 meters at Franklin Park.



### Northeast-10 Men's Freshman of the Week

**Bryan Sutherland, Bentley** (Fr., Farmingdale, N.Y.) - Was Bentley's number two runner at the Codfish Bowl, placing 32nd overall with a time of 27:15 at Franklin Park.



### Northeast-10 Women's Freshman of the Week

**Evelyn Marrero, Bentley** (Fr., Amsterdam, N.Y.) - Was Bentley's number two runner at the Codfish Bowl, finishing 22nd overall with a 5,000-meter time of 19:53.

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## Weekly Honor Roll:

**Sarah Beaudoin, American International** (So., Chicopee, Mass.) - Placed 26th overall with a time of 22:19.01 to lead the team to a sixth-place team finish at the Bryant Invitational.

**Matt Hegarty, American International** (So., Springfield, Mass.) - Placed fifth overall with a time of 17:04.51 at the Bryant Invitational to lead the team to a fourth-place finish.

**Heather Gostyla, Assumption** (Sr., Bloomfield, Conn.) - In the Worcester City Championship finished second with a time of 20:57. Helping Assumption to second place team finish out of five teams.

**Kyle Higgins, Assumption** (Fr., Braintree, Mass.) - In the Worcester City Championship finished fourth overall in the five mile race with a time of 28:29.

**Andy Watson, Bentley** (Jr., New Milford, Conn.) - Finished seventh overall in the Codfish Bowl, covering the nearly 8,000-meter Franklin Park course in 26:01. Amongst collegiate runners, was number five across the finish line.

**Melissa Dymek, Franklin Pierce** (Fr., Hubbardston, Mass.) - Finished 23rd at the Rivier Invitational with a time of 25:48.

**Courtney Garrity, Franklin Pierce** (Sr., Manchester, N.H.) - Finished seventh at the Rivier Invitational with a time of 23:52.

**Mary Lynn Denholm, Saint Michael's** (Sr., Sparks, Md.) - Finished sixth out of 189 finishers at the Hoffman Invitational and completed the six-kilometer course in 22:27.

**Christina DaLomba, UMass Lowell** (Sr., Marstons Mills, Mass.) - Placed ninth overall and eighth among scoring runners at the Codfish Bowl Invitational at Franklin Park. Ran the 5K course in 19:01 (fourth among collegiate runners) and led the UMass Lowell women to fourth place.

**Jack Kilcommons, UMass Lowell** (Jr., South Boston, Mass.) - Placed 10th overall (ninth among scoring runners) at the Codfish Bowl Invitational at Franklin Park. Ran the 8K course in 26:07 and led UMass Lowell to third place.

**Kristina Coriaty, Stonehill** (Sr., Brockton, Mass.) - Was the Skyhawks' top finisher at the Codfish Bowl held at Franklin Park. Completed the 5K course in 19:30, good for 17th place.

**Benjamin Rummery, Stonehill** (So., Dayton, Maine) - Was Stonehill's top finisher at the Codfish Bowl held at Franklin Park, wrapping up the event in 26:44, good for 21st place.

### Past Men's Athletes of the Week:

9/2: Jake McAndrew, Le Moyne, Jr.  
9/8: Zachary Lankow, Stonehill, So.  
9/15: John Fennekohl, Southern Connecticut, So.  
9/22: Ruben Sanca, UMass Lowell, Sr.

### Past Women's Athletes of the Week:

9/2: Melissa Nash, Bentley, Sr.  
9/8: Lyra Clark, UMass Lowell, So.  
9/15: Frannie Kloza, Bentley, So.  
9/22: Christina DaLomba, UMass Lowell, Sr.

### Past Men's Freshman of the Week:

9/8: Corey Donahoe, Stonehill  
9/15: Steven Polito, Stonehill  
9/22: Carlos Montrond, UMass Lowell

### Past Women's Freshman of the Week:

9/2: Gina Micaroni, Le Moyne  
9/8: Gina Micaroni, Le Moyne  
9/15: Jill Alves, Stonehill  
9/22: Gina Micaroni, Le Moyne