



CROSS COUNTRY WEEKLY REPORT

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October 13, 2009 Week 6

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NORTHEAST-10 MEN'S ATHLETE AND FRESHMAN OF THE WEEK



Glarius Rop, American International (Fr., Eldoret, Kenya) - Rop placed first overall at the 2009 New England Cross Country Championship with a time of 24:22 at Boston's Franklin Park. The race consisted of competitors from NCAA Division I, II and III institutions.

NORTHEAST-10 WOMEN'S ATHLETE OF THE WEEK



Laura Brustolon, Southern Connecticut (Sr., Mystic, Conn.) - Placed fourth overall at the New England Championships on Saturday. Her time of 18:08 marked the fastest time by an Owl at Franklin Park and the fourth place finish was the highest by a Southern women's cross country runner ever at the New England Championships.

NORTHEAST-10 WOMEN'S FRESHMAN OF THE WEEK



Kristen Veit, Stonehill (Fr., Easthampton, Mass.) - Led 22nd-ranked Stonehill to a 23rd place finish at the New England Championships (2nd among Division II programs) with a time of 19:21 over the 5K course. Placed 92nd overall, third among Division II entries - first NE-10 freshman to cross the finish line.

2009 NORTHEAST-10 CROSS COUNTRY WEEKLY INFORMATION



ADELPHI: The Panthers were off this weekend but return to action on October 25 when they participate in the Northeast-10 Championship meet at St. Michael's. Adelphi is also ranked among the top-3 in the regional poll as the women continue to appear at number two and the men sit at three.



AMERICAN INTERNATIONAL: Freshman Glarius Rop placed first overall at the New England Championship with a time of 24:22 at Boston's Franklin Park. Sophomore Julie Collignon finished 106th overall with a time of 19:31 in the women's race. AIC's men's team placed 37th of 47 teams, and the women's squad finished 41st of 49 squads.



ASSUMPTION: Sophomore Kyle Higgins (Braintree, Mass.) was the Greyhounds top male performer in the New England with a 26:20 time for the 4.95 mile Franklin Park course. Sophomore Erynn Sweeney (Braintree, Mass.) was the Greyhounds top female performer with a 21:48 time for the 5.017 k Franklin Park course.



BENTLEY: Senior Steve Bergantino (Guilford, Conn.) and junior Lauren Lesniak (Dracut, Mass.) were Bentley's top finishers at the New England. Bergantino was 13th amongst Northeast-10 runners and 76th overall, bettering his 2008 performance by 165 places. Lesniak was the eighth NE-10 runner across the finish line and placed 127th overall in 19:46. As a team, the Bentley men had their best finish since 2005 as they were 28th overall and fourth amongst conference teams. The Falcon women were third among NE-10 teams, trailing UMass-Lowell and Stonehill.



FRANKLIN PIERCE: The Ravens placed 23rd on Saturday at the 14th annual James Earley Invitational. Sophomore Melissa Dymek led the way for Franklin Pierce with a time of 24:33 to place 163rd individually. This week, the Ravens run on Saturday morning at the Western New England College Invitational.



LE MOYNE: The men's team fell in a home dual meet to Saint Rose, 21-38, on Saturday. Freshman Nicholas Cutter (Housatonic, Mass.) led the Dolphins with a second-place finish in 29:08 over the 8K course. On the women's side, the Dolphins fell to the Golden Knights, 25-33. Sophomore Gina Micaroni (Blossvale, N.Y.) finished the 5K course first in 20:07, while freshman Emma D'Ambro (Schaghticoke, N.Y.) placed second in 20:11.



UMASS LOWELL: UMass Lowell won its second straight New England Championship - third in four years - Saturday at Franklin Park. The River Hawks top five runners, led by junior Angus MacDonald (8th, 24:55) and senior Tim Guerin (9th, 24:58), were separated by only 31 seconds and defeated the likes of UMass Amherst, Providence, New Hampshire and Stonehill. On the women's side, senior Haley Catarius (69th, 19:07) and freshman Kelly Walton (97th, 19:25) led the women to 21st overall - tops among NE-10 teams - without the services of juniors Lyra Clark and Patricia Brice and sophomore Katelyn Allen.



MERRIMACK: MEN: The Merrimack men's cross country team had just two runners at the New England Championships with John Doherty (Chelmsford, Mass.) placing 245th in a time of 27:37, and Chris Lawrence (Peabody, Mass.) finishing 269th in 28:23. **WOMEN:** The women were 40th at the New England Championships as Katelyn Meagher (Mansfield, Mass.) was 175th overall in a time of 20:14. Jennifer Richard (Wendell, Mass.) was Merrimack's second-best runner, placing 216th in 20:51. The Warriors were seventh among the Northeast-10 schools. Both teams host their annual Alumni Meet next Saturday at 10 a.m. beginning at the Volpe Complex.



NEW HAVEN: The University of New Haven cross country teams competed at the 2009 New England Cross Country Championships Saturday at Franklin Park in Boston, Mass. The UNH women's team finished 37th, while the men came in 42nd place. Leading the way for the women and finishing in 158th place overall was Lauren DiMitruk with a time of 19:58. On the men's side, Matt Dunham led the team with a 207th place finish and a time of 27:10. The Chargers have this weekend off and return to action on the NE-10 Championships on Sunday, October 25 in Colchester, Vt.



PACE: Freshman Brianno Cano continued her outstanding first collegiate season, finishing in fourth place at the James Early Invitational with a time of 19:30. Junior Sarah Rodriguez came in 15th place with a time of 20:25 as the Setters finished in 9th place at the meet. The Setters are off until the Northeast-10 Championships on Sunday, October 25 at Saint Michael's College.



SAINT ANSELM: Saint Anselm took part in the New England Championships at Franklin Park on Saturday. The men's team finished 43rd as a team, led by junior co-captain Drew Matthews in a time of 27:33. The women's team was 42nd, led by senior Jessica St. Laurent. St. Laurent finished 179th in a time of 20:17. The teams are back in action on Saturday, October 17th as the Hawks travel to the Plansky Invitational, hosted by Williams College.



SAINT MICHAEL'S: The Purple Knights face some of the toughest competition across the board throughout their season. This weekend, Saint Michael's College raced against institutions from all three NCAA Divisions, including Boston College, Boston University, University of Connecticut, Quinnipiac, Colby, and many more. Lauren Fereshetian finished first for the Purple Knights and was only two minutes and 46 seconds behind the top runner for Brown University who placed first in the meet. Due to illness, the men's team was only able to have four athletes compete in the race, which unfortunately made them ineligible to earn a result.

2009 NORTHEAST-10 CROSS COUNTRY WEEKLY INFORMATION



SAINT ROSE: Brad Lewis ('07) was eighth overall and third in his age group at the 27th annual Mohawk Hudson marathon. His time of 2:42:51 qualifies him for Boston. Meanwhile, assistant coach Jim Thomas placed second in his age group in 3:35:49, marking his 92nd marathon.



SOUTHERN CONNECTICUT: MEN: Southern finished 24th overall out of 47 teams at the New England Championships on Saturday. They were lead by junior Joseph Poulsen with a 15th place finish in 25:04. He received All-New England honors for his efforts. The Owls have a week off before returning to action on Sunday, October 25 for the

Northeast-10 Championships. **WOMEN:** The Owls placed 36th overall in the 49-team field at the New England Championships. Laura Brustolon led the squad with a fourth place finish overall, the highest finish by a Southern women's cross country runner ever at the New England Championships. Her time of 18:08 was the fastest time ever by an Owl at Harkness Park in Boston. The squad returns to action on Sunday to compete in the St. John's Invitational.



STONEHILL: MEN: Stonehill sits ninth in last week's USTFCCA Division II national poll for the second-straight week and first in the organization's East Regional rankings for the seventh-straight week. The Skyhawks placed fifth at this weekend's New England Championships - second among NE-10 and Division II entries. Junior Patrick Fullerton (Bradford, Mass.) again led the way with a 17th place finish with his personal season-best 8K time of 25:12. Classmate Kevin Gill (Brockton, Mass.) came in just 15-seconds later in 33rd at 25:27, while sophomore Stephen Polito (Worcester, Mass.) was next in 34th at 25:29. All five of Stonehill's scoring runners finished within 53-seconds of Fullerton, while the Skyhawks seven entries were separated by just 1:15. The Skyhawks are off this weekend before taking part in the Northeast-10 Championships at Saint Michael's on Sunday, October 25. **WOMEN:** Stonehill is ranked 22nd for the third-straight week in the most recent USTFCCA Division II national poll and first in the organization's East Regional rankings for the seventh-straight week. The Skyhawks placed 23rd at this weekend's New England Championships overall - second among NE-10 and Division II entries. Freshman Kristen Veit (Easthampton, Mass.) led Stonehill with a 92nd place finish - third among NE-10 and Division II entries - with a time of 19:21 over the 5K run. She was the top NE-10 freshman finisher. Classmate Jessica Jerrard (Shrewsbury, Mass.) was next for Stonehill with a time of 19:43 for 121st overall. All five of the Skyhawks scoring runners finished within 43-seconds of Veit and all seven of the team competitors finished in a span of 1:14. Stonehill is off this weekend before competing in the Northeast-10 Conference Championships at Saint Michael's on Sunday, October 25.

NCAA DIVISION II REGION RANKINGS

USTFCCCA Men's East Region
October 6, 2009

1. Stonehill
2. UMass Lowell
3. Adelphi
4. Southern Connecticut
5. Bentley
6. American International
7. New York Tech
8. Saint Rose
9. New Haven
10. Wilmington

NCAA DIVISION II REGION RANKINGS

USTFCCCA Women's East Region
October 6, 2009

1. Stonehill
2. Adelphi
3. UMass Lowell
4. Southern Connecticut
5. Philadelphia
6. Bentley
7. Saint Rose
8. Georgian Court
9. New York Tech
10. Merrimack

NE-10 CHAMPIONSHIP

Sunday, October 25
Hosted By Saint Michael's College

More Details to Follow.

**NCAA DIVISION II TOURNAMENT**

November 7 or 8

Regionals

Hosted By UMass Lowell at Franklin Park

November 21

NCAA CHAMPIONSHIP

Hosted By Univ. of Southern Indiana



NCAA 2009 CROSS COUNTRY
CHAMPIONSHIPS

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NE-10 TOP 50 MEN'S PERFORMANCES OF THE YEAR (8K)**NE-10 TOP 50 WOMEN'S PERFORMANCES OF THE YEAR (5K)**

Rank	Athlete	School	Time	Site
1	Glarius Rop	American Int'l	24:05	UMD Shriners
2	Glarius Rop	American Int'l	24:22	NEICAAA
3	Angus MacDonald	UMass Lowell	24:55	NEICAAA
4	Timothy Guerin	UMass Lowell	24:58	NEICAAA
5	Joseph Poulsen	So. Connecticut	25:04	NEICAAA
6	Victor Kemboi	American Int'l	25:05	UMD Shriners
7	Jeff Veiga	UMass Lowell	25:08	NEICAAA
8	Daniel Wang	UMass Lowell	25:10	UMD Shriners
9	Pat Fullerton	Stonehill	25:12	NEICAAA
10	Adam Clark	Adelphi	25:19	UMD Shriners
11	Joseph Poulsen	So. Connecticut	25:20	Conn. College
12	Eric McDonald	UMass Lowell	25:21	UMD Shriners
13	Ryan Pezzulo	Adelphi	25:23	UMD Shriners
t-14	Greg Wilson	UMass Lowell	25:24	NEICAAA
t-14	Pat Fullerton	Stonehill	25:24	USI Pre-Nat.
t-16	Steve O'Brien	UMass Lowell	25:26	NEICAAA
t-16	Kevin Gill	Stonehill	25:26	UMD Shriners
t-16	Pat Fullerton	Stonehill	25:26	UMD Shriners
t-19	Kevin Gill	Stonehill	25:27	NEICAAA
t-19	Dan Pilz	Stonehill	25:27	UMD Shriners
t-19	Steve Polito	Stonehill	25:27	UMD Shriners
22	Ben Rumery	Stonehill	25:28	UMD Shriners
23	Steve Polito	Stonehill	25:29	NEICAAA
24	Daniel Wang	UMass Lowell	25:30	NEICAAA
25	Carlos Techera	Adelphi	25:31	UMD Shriners
26	Sean Gelinias	UMass Lowell	25:32	UMD Shriners
27	Daniel Pilz	Stonehill	25:34	USI Pre-Nat
28	Josh Andrews	Stonehill	25:37	UMD Shriners
t-29	Julien Devanne	American Int'l	25:44	UMD Shriners
t-29	Jake McAndrew	Le Moyne	25:44	Paul Short Run
31	Macky Lloyd	Saint Rose	25:45	NYIT Invit.
32	Andrew Coelho	Adelphi	25:46	UMD Shriners
t-33	Angel Ortega	Adelphi	25:49	UMD Shriners
t-33	Angel Ortega	Adelphi	25:49	Paul Short Run
35	Josh Andrews	Stonehill	25:52	NEICAAA
t-36	Adam Clark	Adelphi	25:53	Paul Short Run
t-36	Josh Andrews	Stonehill	25:53	USI Pre-Nat
38	Angus MacDonald	UMass Lowell	25:54	Purple Valley
t-39	Carlos Techera	Adelphi	25:56	Paul Short Run
t-39	Steven Bergantino	Bentley	25:56	NEICAAA
41	Ryan Pezzulo	Adelphi	25:57	Paul Short Run
42	Andrew Coelho	Adelphi	25:58	Paul Short Run
43	Tim Guerin	UMass Lowell	26:01	Purple Valley
t-44	Stephen Polito	Stonehill	26:05	USI Pre-Nat
t-44	Ben Rumery	Stonehill	26:05	NEICAAA
t-46	Steve Bergantino	Bentley	26:06	Codfish Bowl
t-46	Greg Wilson	UMass Lowell	26:06	Purple Valley
48	Jake McAndrew	Le Moyne	26:07	Binghamton
49	Erik Dunn-Gaudet	UMass Lowell	26:08	UMD Shriners
50	Steve O'Brien	UMass Lowell	26:09	Purple Valley

Updated Through 10/13/09

Rank	Athlete	School	Time	Site
1	Laura Brustolon	So. Connecticut	18:08	NEICAAA
t-2	Julie Collignon	American Int'l	18:29	UMD Shriners
t-2	Julie Collignon	American Int'l	18:29	CCSU Invit.
t-4	Danielle Matteo	Adelphi	18:37	UMD Shriners
t-4	Gina Cristaldi	Adelphi	18:37	UMD Shriners
6	Kristen Veit	Stonehill	18:47	UMD Shriners
t-7	Kristen Wojuniak	Adelphi	18:50	UMD Shriners
t-7	Jill Alves	Stonehill	18:50	UMD Shriners
9	Lyra Clark	UMass Lowell	19:00	Keene State
10	Kelsey Proctor	So. Connecticut	19:01	CCSU
11	Haley Catarius	UMass Lowell	19:02	UMD Shriners
t-12	Danielle Matteo	Adelphi	19:03	Hofstra Invit.
t-12	Emma Lundberg	So. New Hampshire	19:03	Pop Crowell
14	Haley Catarius	UMass Lowell	19:07	NEICAAA
15	Lynley Joynt	Stonehill	19:12	UMD Shriners
t-16	Emma Lundberg	So. New Hampshire	19:17	UMD Shriners
t-16	Sarah Bonomo	UMass Lowell	19:17	UMD Shriners
t-18	Gina Cristaldi	Adelphi	19:18	Hofstra Invit.
t-18	Emma D'Ambro	Le Moyne	19:18	St. Rose Joust
20	Jess Jarrard	Stonehill	19:19	UMD Shriners
21	Kelly Walton	UMass Lowell	19:20	UMD Shriners
22	Kristen Veit	Stonehill	19:21	NEICAAA
t-23	Gina Butler	UMass Lowell	19:25	UMD Shriners
t-23	Kelly Walton	UMass Lowell	19:25	NEICAAA
25	Catherine Connors	Adelphi	19:26	UMD Shriners
26	Lauren Lesniak	Bentley	19:30	Codfish Bowl
27	Julie Collignon	American Int'l	19:31	NEICAAA
28	Jessica Edwards	Saint Michael's	19:34	Vermont Champ.
t-29	Gina Micaroni	Le Moyne	19:35	St. Rose Joust
t-29	Stephanie Wilson	Stonehill	19:35	UMD Shriners
31	Sarah Bonomo	UMass Lowell	19:36	NEICAAA
32	Kristen Wojtuniak	Adelphi	19:39	Hofstra Invit.
t-33	Katelyn Allen	UMass Lowell	19:42	UMD Shriners
t-33	Emma Lundberg	So. New Hampshire	19:42	Codfish Bowl
t-35	Lindsey Booth	Stonehill	19:43	UMD Shriners
t-35	Jessica Jarrard	Stonehill	19:43	NEICAAA
37	Lauren Lesniak	Bentley	19:46	NEICAAA
38	Rachel Graham	Bentley	19:48	NEICAAA
39	Melissa Bredice	Saint Rose	19:50	St. Rose Joust
40	Jill Alves	Stonehill	19:51	NEICAAA
41	Jennifer Nicolero	UMass Lowell	19:53	UMD Shriners
42	Jennifer D'Angelo	American Int'l	19:54	CCSU Invit.
43	Jessica Marzik	Saint Anselm	19:55	Pop Crowell
t-44	Rachel Graham	Bentley	19:56	Codfish Bowl
t-44	Gina Micaroni	Le Moyne	19:56	Binghamton
t-44	Emma D'Ambro	Le Moyne	19:56	Binghamton
t-44	Jaclyn Sullivan	So. Connecticut	19:56	CCSU
48	Lauren DiMitruk	New Haven	19:58	NEICAAA
49	Jenilee Fuertes	Adelphi	19:59	UMD Shriners
50	Jessica St. Laurent	Saint Anselm	20:01	Pop Crowell

Updated Through 10/13/09